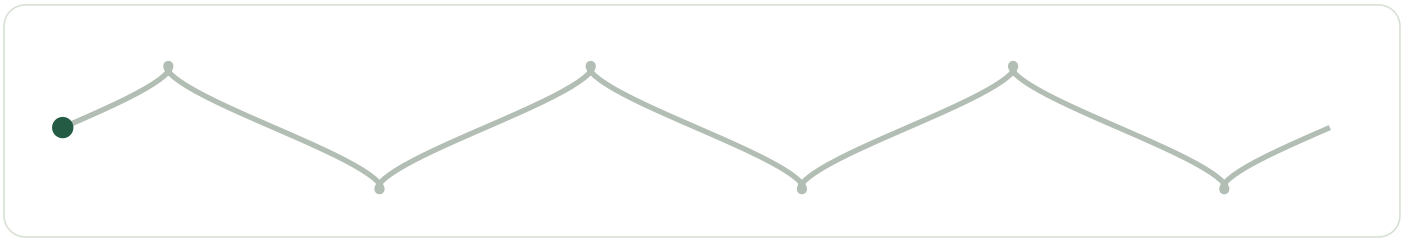
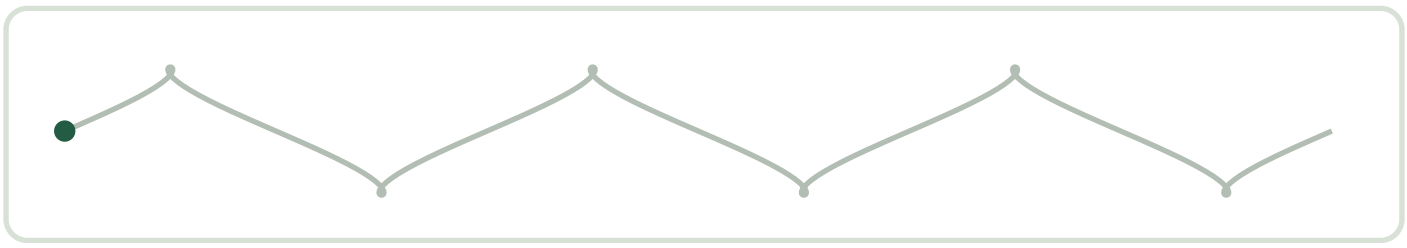
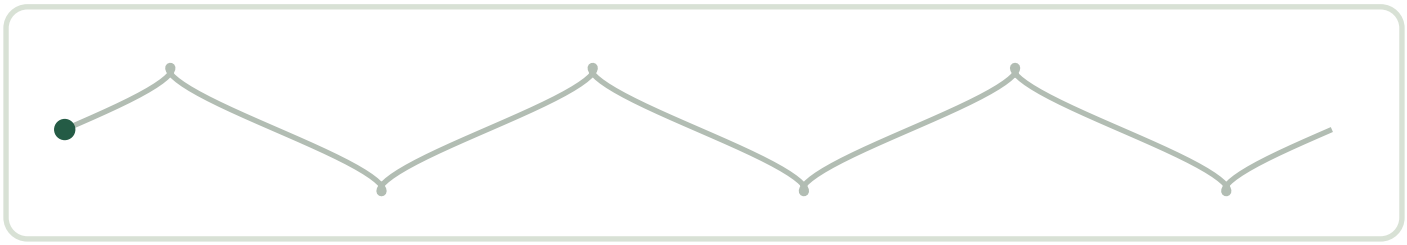
Figure Eight Paths

Start at each green dot. Follow the light-grey route slowly.







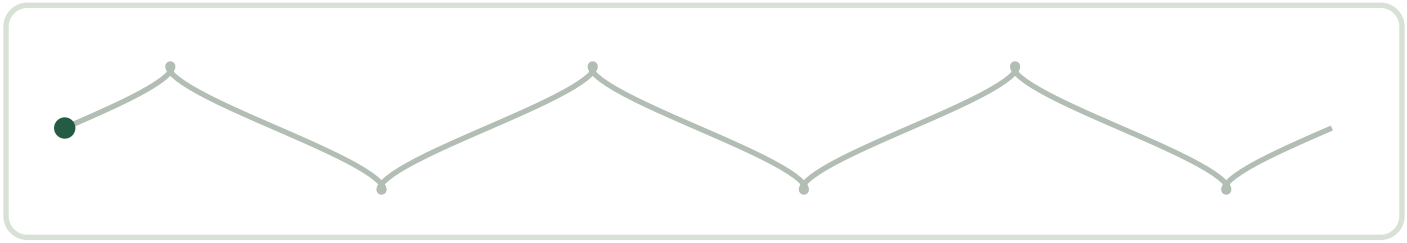


Figure Eight Paths

Try the movement again in the clear practice spaces.