CRAFT / AGES 4-7

My Pattern Wristbands

Design repeating patterns on paper wristbands.

YOU WILL NEED

This template, crayons, scissors and a glue stick.

An adult must supervise cutting. Use child-safe scissors. Keep small paper pieces away from your mouth.

1. Draw a repeating pattern along each strip. Try dot, stripe, dot, stripe.
2. Cut around the three strips. Do not cut their inner panels.
3. Ask an adult to wrap one loosely around your wrist. Overlap the ends and glue.
4. Let it dry, then slide it on and off. Give the spare bands your own patterns.



Keep the band loose enough to slide off easily. Remove it if it feels uncomfortable.

PRINTABLE TEMPLATE / AGES 4-7

My Pattern Wristbands

Print at 100%. Colour first. Cut the outside edge of each separate piece.

Outer boundaries: cut. Dashed lines: fold. Enclosed drawing details: colour.





