CRAFT / AGES 4-7

Feelings Fold-Out

Make a little display of four feelings.

YOU WILL NEED

This template, crayons and scissors.

An adult must supervise cutting. Use child-safe scissors. Keep small paper pieces away from your mouth.

1. Draw a face in each panel: happy, sad, angry and worried.
2. Cut around the large outer rectangle. Keep the panels joined.
3. Fold along the dashed lines, alternating forward and backward.
4. Stand the zigzag display on a table. Point to a feeling and talk about what might help.



All feelings are welcome. Ask a trusted adult for help with big feelings.

PRINTABLE TEMPLATE / AGES 4-7

Feelings Fold-Out

Print at 100%. Colour first. Cut the outside edge of each separate piece.

Outer boundaries: cut. Dashed lines: fold. Enclosed drawing details: colour.

